HOUSEHOLD EMERGENCY PLAN

COMPLETE THIS PLAN WITH ALL MEMBERS OF YOUR HOUSEHOLD

YOUR HOUSEHOLD

Name                  Phone numbers
Name                  Phone numbers
Name                  Phone numbers
Name                  Phone numbers
Name                  Phone numbers

1. If we can’t get home or contact each other we will meet or leave a message at:

   Name                  Contact details
   Name (back-up)        Contact details
   Name (out of town)    Contact details

2. The person responsible for collecting the children from school is:

   Name                  Contact details

3. Emergency Survival Items and Getaway Kit
   Person responsible for checking water and food

   Items will be checked and replenished on: (check and replenish at least once a year)

4. The radio station (inc AM/FM frequency) we will tune in to for local civil defence information during an emergency

5. Friends/neighbours who may need our help or who can help us

   Name                  Address                  Phone
   Name                  Address                  Phone

6. On a separate sheet of paper draw a plan of the house showing places to shelter in an earthquake or storm, exits and safe assembly areas and where to turn off water, electricity and gas.

IMPORTANT PHONE NUMBERS FOR POLICE, FIRE OR AMBULANCE CALL 111

Local Police station                  Water Supplier
Medical Centre                        Gas Supplier
Insurance Company                     Electrician
Vet/Kennel/Cattery                    Plumber
Electricity Supplier                  Builder
Council Emergency Helpline

For Police, Fire or Ambulance Call 111
HOUSEHOLD EMERGENCY CHECKLIST
WHAT YOU WILL NEED TO GET THROUGH

EMERGENCY SURVIVAL ITEMS
- Torch with spare batteries or a self-charging torch
- Radio with spare batteries
- Wind and waterproof clothing, sun hats, and strong outdoor shoes
- First aid kit and essential medicines
- Blankets or sleeping bags
- Pet supplies
- Emergency toilet - toilet paper and large rubbish bags
- Face and dust masks
Check all batteries every 3 months.

FOOD AND WATER FOR 3 DAYS OR MORE
- Non-perishable food (canned or dried food)
- Food, formula and drinks for babies and small children
- Water (at least 3 litres per person, per day) for drinking
- Water for washing and cooking
- A primus or gas barbeque to cook on
- A can opener
Consider stocking a two-week supply of food and water for prolonged emergencies such as a pandemic. Check and replace food and water every twelve months.

HOW TO STORE WATER
- Wash bottles thoroughly in hot water. Fill each bottle with tap water until it overflows. Add five drops of household bleach per litre of water (or half a teaspoon for 10 litres)
- Store in a cool dark place and replace the water every 12 months.

GETAWAY KITS
Everyone in the house should have a packed getaway kit in an easily accessible place which includes:
- Torch and radio with spare batteries
- Hearing aids and spare batteries, glasses or mobility aids
- Emergency water and easy-to-carry food rations
- Extra supplies of special dietary items
- First aid kit and essential medicines
- For infants or young children – formula and food, nappies
- Change of clothes (wind/waterproof clothing and strong outdoor shoes)
- Toiletries – towel, soap, toothbrush, sanitary items, toilet paper
- Blankets or sleeping bags
- Face and dust masks
- Pet supplies
- Important documents:
  - Identification (birth and marriage certificates/driver's licences and passports
  - Financial (insurance policies and mortgage)
  - Precious family photos

IF WE HAVE TO EVACUATE WE WILL:
- Take our Getaway Kit
- Turn off electricity and water
- Turn off gas only if we suspect a leak or if asked to do so by the authorities
- Take our pets with us

For more information visit the Civil Defence Emergency Management Office at your nearest council or
www.getthru.govt.nz

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